

# **MINUTES OF THE 68th ANNUAL GENERAL MEETING OF THE STUDENT HEALTH ASSOCIATION**

## **HELD IN LECURE THEATRE C, JAMES GRAHAM BUILDING, LEEDS BECKETT UNIVERSITY, HEADINGLEY, LEEDS**

**On Tuesday JUNE 29th 2016**

### **Members attending**

Lisa Green, Domonique Thompson, Barbara Fair, Ben Hallsworth, Chris Pfluger, Gurjit Barn, David Blake, Simon Peacock, Josie Thompson, Sally McNeil, Kathryn Cockerill, Catherine Sykes, Susie Uprichard, Nikki Bates, Kathy Rosenberg, Michelle Varney, Emma Webb, David Hayton, Hayley Casey, Daniel Hammersley, Michael Jacobovic, Chloe Haigh, Hassan Soltani, Diane Exley, Deborah Smith, Gregor Murdoch, Elaine Gibbs, Sandip Bhogal, Matt Litchfield, Alison Langton, Melanie Savage, Chris Allen and Trish Esswood (minutes)

### **1. Apologies for absence were received from: -**

Harpreet Arshi	Megan McAuliffe	Barbara Fair
Celia Moore	Sarah Dearnley	Jonathan Hill
Julie Spencer	Megan Stevenson	Alison James
Christine Fox	Oliver Bostock	Debra Saunderson
Louise Huxley	Hilary Adolfsen	David Murray
Zoe Mills	Joy Pullen	Carrie Ellison
Inglis Lamont		

### **2 Greetings were received from: -**

Inglis Lamont

### **3. Obituaries.**

The death of Bernard Ryan, Leeds GP was reported to members of the Student Health Association since the last Annual General Meeting.

### **4. Membership.**

Welcome was extended to all new members.

The membership numbers currently stand at

A full list of member institutions is available from the Administrator.

### **5. Matters Arising**

There were no matters arising and the minutes of the 67th AGM were accepted as an accurate record.

The minutes were proposed by Gregor Murdoch and seconded by Deborah Smith

## 6.Election of Officers

A welcome was extended to Deborah Smith as incoming president.

President: Deborah Smith

President Elect: The Executive Committee put forward one name according to item 6d of the constitution.

Daniel Hammersley

Proposed by Gregor Murdoch

Seconded by Elaine Gibbs

## 7.The Election of Other Officers

Chair. Elaine Gibbs

Hon Sec Dominique Thompson

Treasurer. Ben Hallsworth

Education Convenor. Gregor Murdoch

Agents to SHAAF Melanie Savage

Lisa Green

Proposed by Gregor Murdoch and Seconded by Melanie Savage

Ordinary member Astrid Henckel

Ordinary member Vacancy

Ordinary member Cathy Atkinson

Ordinary member Barbara Fair

Proposed by Elaine Gibbs and Seconded by Dominique Thompson

## 8. Brokers

The Brokers are JP Morgan

## 9. Appointment of Accountants

The accountants are Thompson and Hunter

## 10. Appointment of Trustees

The Trustees are:

Student Health Association Dominique Thompson  
Ben Hallsworth  
Elaine Gibbs

SHAAF. Melanie Savage  
Lisa Green  
Ben Hallsworth  
Dominique Thompson

## 11. Honorary Secretary's AGM Report 2016

It's been another busy year as Hon Sec of the Student Health Association, with changes in the NHS and primary care having significant impact on our particular practices.

Current membership stands at a total of **39** higher education institutions represented, of which 37 are in the UK, and 2 from overseas (Australia and NZ).

We have had a drive to recruit new members and also to update our current membership list, so as to remain relevant and in touch with those currently working in student health, or those who retain a strong interest. We now have **338** members, mostly through group membership and **40** life members.

We welcome **5 new** members; Lincoln University, Edinburgh, Sussex and a new GP from Dundee following a retirement, as well as a new member from Devon. We **welcome back** Imperial College, Derby and Westminster universities, who have re-joined this year.

Since 2014 we have been quite politically active, and we continue to lobby on issues that affect our member practices. In particular this year we have lobbied on; better funding of practices caring for young people, mental health care provision, PMS funding losses, and Capita taking over the movement of NHS records.

We continue to raise awareness through our twitter feed, and media contacts, on topics such as transition of care, QOF and the care of international students. The list server for members is a valuable source of support and information for all practices caring for student populations.

Specific contacts of interest in the last year include; liaison with NHS England, via Dr Jackie Cornish and her team, raising the profile of students as a population group to be considered in national guidelines, for example in Type 1 diabetes, and transitional care. Dr Cornish is the National Clinical Lead for Young People and Transitional Care. Student Health is now firmly on her agenda, and she has also pushed on this topic when meeting other NHSE colleagues working in similar areas. I have similarly met with Dr Geraldine Strathdee, who was for the last 3 years, National Clinical Lead for Adult Mental Health, and who is very politically active in improving services for people with mental health conditions.

Another development has been via the BMA, who have been looking closely at a review of the Carr Hill formula, and, alongside this review, are looking at a better way to provide funding for **atypical** practices. In March I received an email from a senior policy advisor of the BMA, Daniel Hodgson, whose remit is to review this area of funding, and then propose initiatives and advice for CCGs to better fund our practices. The working group he sits on should be reporting back soon. The key issue will be ensuring CCGs follow any new guidance pack that is sent out to them for supporting atypical practices. Robin Sharman from Huddersfield is representing our interests on the working group. Your LMCs will have a significant role in helping you to ensure CCGs follow any guidance about Student Health funding.

We are also trying to ensure SHA representation on a piece of work to be done by a working group set up by Public Health England/ NHS England and Universities UK, 'specific guidance for CCGs on commissioning mental health and wellbeing services for students'. This is part of UUK campaign for a 'whole university approach to mental wellbeing'. I am meeting with John de Pury of Universities UK, and others from the Mental Health and Wellbeing in Higher Education group, on 27 July to move this forward.

We have also taken many opportunities to raise awareness of student health at conferences,, through stalls or talks given by members.

I would encourage you to **mention SHA** to anyone you meet working in other sectors, eg when I met the *Samaritans* recently to share thoughts about their new initiative to provide post-vention

support to HE institutes after a student has died by suicide. They already provide this support to school/ head teachers, and are looking to support university teams. We have similarly worked with *Meningitis UK* on a potential kite marking and advice package for universities.

Our aim politically is to put young people's health on the national agenda and keep it there. To ensure young adults in higher education receive appropriate healthcare, and that their health is funded properly by the NHS.

We still have a lot to do, but we are making progress, and so I would simply ask that you please continue with lobbying your MPs and local BMA/ LMC/ CCG reps.

Thank you.

### **13. Treasurers AGM Report 2015/16 Financial Statements Year 30<sup>th</sup> Sept 2015**

Student Health Association

Income for the year increased £5340.

Made up of:

- Subscription income increased by £1892. (largely due to the way the membership year had been previously restructured).
- Investment income remained static
- Conferences generated an income of £3448

Total Income: £11160

Expenditure:

Key areas of expenditure included:

- Exec costs of £2611.
- Administrator costs £8916 (Higher than normal due to the 6 month overlap/handover period of 2 administrators - Sandra/Trish overlap)
- £1600 office costs.

Total Expenditure: £17905

The Market value of investments decreased £570. £7500 was raised by disposing of investments to finance deficit.

Net movement of funds: -£7315

Balance Carried Forward: £105212

Student Health Association Assistance Fund (SDAF)

Income from Investments: £11725 (Decrease of £134 from 14/15)

Payment to beneficiaries: £5584 (Increase of £2309 from 14/15)

Administration costs: £10199 (Increase of £4199 from 14/15 – again due to the overlap of administrators and way in which exec costs split)

Market value of JP Morgan bonds: Decreased £2459

Net movement of funds -£7417

Balance carried forward: £339463

**JP Morgan**

2014/15: As expected had a difficult year hit by concerns over leaving EU (Greece exit in previous months) and stock market in China, a softer US economy.

The Exec Team believe that the bonds still offer security and financial return over the long-term period.

## **14. Education Convenors AGM Report 2015/16**

May I say on behalf of the Association great thanks to Alison, Fay and Debbie for organizing such a great and relaxed conference. Personally I have learned many things this week, how small furry creatures make Vitamin D. I was slightly alarmed to find how many of the Association were prepared to commit crime basically in order to be arrested by PC Matt Guy, however I think my Quote of the conference so far is hearing our esteemed president Dr Debbie Smith expert in contraception state in her opening address that she “un-expectedly found herself pregnant”.

With regards to this year’s education events, I am pleased to say it has been very successful. We had an excellent study day in March held in Sheffield in conjunction with the Confucius Centre. They obviously put a great deal of effort into organizing the day which gave us insight into traditional and modern Chinese medicine and our Chinese students expectations of health care, so many thanks to Ben, Jenny and Alison and Team Sheffield for their efforts into a very good day.

This is my last year as Education Convener and hopefully someone will take over from me next summer and I am more than happy to discuss the role with anyone who is interested. Hopefully the successor won’t have a too onerous job given the fact that we are well placed for annual conferences in the future.

With regards study days – we do need to have to have some kind of commitment from SHA Members regarding attendance at these as a great deal of effort by the host team is involved. We will be circulating to all membership questionnaires regarding people’s preferences on study day topics/price/days etc.

Can I please ask you also to fill out your evaluation forms at the end of this conference as we do pay particular attention for future planning to ensure that the educational content is kept to a high standard.

Can I ask you all to vote in the poster competition? Votes are counted at the end of this afternoon’s coffee break.

With regards to future annual conferences – dates for your diaries are:

2017 – Loughborough

2018 – Liverpool

2019 – Sheffield

2020 – York St Johns

2021 – Provisionally Booked

2022 – Vacant

2023 – Provisionally Booked

If anyone wishes to speak to me about the Education Conveners role don't hesitate to either tap me on the shoulder or contact me after the conference.

Lastly can I thank Trish Esswood for her help throughout the year. Her input makes my position on the Exec much less onerous.

## 15. Student Health Association Assistance Fund Agents AGM Report 2015/16

	November	March	June	Applications
2012/13	22	11	16	Completed
	7	7	6	With Evidence
	7	0	1	Awards
2013/14	39	38	16	Completed
	29	21	9	With Evidence
	5	2	1	Awards
2014/15			26	Completed
		12	16	With Evidence
	14	3	5	Awards
2015/16	39	18	30	Completed
	28	12	15	With Evidence
	11	3	6	Awards

Applications continue to increase, possibly reflecting the tightening up of DSA funding. Many students are applying for the £200 contribution towards laptops now requested by the DSA. We will not issue an award for this as we consider a computer an essential item for any student today regardless of disability. From the applications it is apparent that these DSA changes are causing some confusion.

### Total Awards from Fund

In November the awards totalled £3876

In March it was £2000

In June, £1780 (subject to final checks)

Over the year we have had 24 applications from students with Dyslexia and/or Dyspraxia, 12 from people with anxiety/depression diagnoses as well as a few applicants with a range of conditions from HIV+ to Tourettes.

Applications came from students at well over 20 different Higher Education Providers and covered an age range of 18 - 54

## **Publicity**

I have attended the Association of Young People's Health (AYPH) conference in Manchester and distributed the flyer.

I have been in contact with UMHANS again to increase awareness amongst Mental Health practitioners

## **Website**

Ben Hallsworth has continued to update the website to ensure it remains user friendly. The new system of handling applications via Google Mail and Google Drive is proving successful, making it easier to track applications and examine the data.

Trisk Esswood has been working hard managing the incoming applications, sorting them for ease of assessment and building up a database

## **New Team**

We are very happy to have Lisa Green return as one of the SHAAF Agents and delighted to welcome Chris Pfluger (previously Robinson). The intention is to have 3 agents, to handle the large volumes of enquiries/applications and so that we have a 'rolling programme' with a new agent having time to overlap with established agents, to ensure that newcomers are well supported.

## **16. Social media representative's report**

I joined the exec committee as an ordinary member at the Exeter Conference in June 2015. When the committee met in November, we discussed the fact that we did not have a presence on social media, so I volunteered to take this on. I set up our Twitter account in December 2016 with the aim of raising the profile of the Association and making contact with organisations and individuals involved in the health of young people. We currently have approximately 220 followers on Twitter.

More recently, I have created a private Facebook group for members of SHA. This will hopefully become a more informal space to share thoughts, ideas and photos and keep in touch with other members.

Follow us on Twitter - @StudentHealthA

Facebook Group:

[www.facebook.com/groups/1538954903077575/](http://www.facebook.com/groups/1538954903077575/)

## **17. Correspondence**

There was no correspondence.

## **18. AOB**

## **19. Next Meeting**

**Tuesday 4<sup>th</sup> July 2017 at Burleigh Court, Loughborough University at 09.00am**

A short presentation was given to the meeting by Gregor Murdoch who is hosting Conference 2017 at Burleigh Court, Loughborough University on Sunday 2<sup>nd</sup> – Wednesday 5<sup>th</sup> July 2017